# **GRAIN** DINNER MFNU

Please order at the bar. If you are in a group and want to eat together, please ensure you place your order and pay together. If you've any allergies, please let us know when ordering. Our menu items are subject to availability.

Cooked on our BBQ drum to enhance smokey flavour

### **SMALL PLATES / STARTERS**

Soup of the day With crusty Assembly Bakery sourdough v / 6.00

Baby back ribs Oriental salad. Sriracha / 7.50

Cajun Scotch egg Beetroot salad, feta crumble, candied walnut v / 8.80

Roast cauliflower Spicy romesco sauce, sumac, pomegranate vgn / 7.00

## SALADS / BOWLS

Vietnamese crispy tofu and cashew salad Crunchy veg, chilli and ginger v / 8.40

- Super grains
  - Spiced lentils & grains, butternut squash, feta v / 8.80

Avocado & bacon Crispy leeks, honey mustard, chestnut mushrooms / 9.20

Spelt salad Harissa roasted veg, almonds, preserved lemon vgn/7.50

### DAILY SPECIALS ALSO AVAILABLE

## MAINS

Thai green jackfruit curry Sticky kaffir rice, coconut, lemongrass vgn / 11.90

• Lamb koftas Cucumber salad, aioli, super grains / 12.00

Beetroot & goats cheese gnocchi

Walnuts, rocket, parmesan  $\nu/13.50$ 

Whole roasted sea bass Fennel, red onion, lemon thyme, pink fir potatoes, smoked tomato butter / 13.80

Rump steak 6oz Portobello, plum tomato, chimmichurri, watercress / 14.50

### PIES

Lamb, rosemary, garlic & honey / 12.80\*

Chicken, gammon, leek & thyme / 10.80\* \*Served with mash, tender stem broccoli, homemade gravy

Homemade fish pie, gruyere, leek & tarragon / 11.80 Served with side salad, crusty bread

Vegan pies from Pie Baby vgn / 12.00 Please ask for our daily pie option Served with salad and onion marmalade

### SIDES

Sweet potato fries *vgn*, triple cooked chips *vgn*, skinny fries v, barge salad vgn, leeks & local pancetta, raw slaw vgn / 3.50

#### **BARGE BURGERS** SERVED ON GLAZED BRIOCHE BUN WITH FRIES

"Boston Butt" Pulled pork, bacon mayo / 11.80

Barge beef burger Tomato, gem lettuce, onion, raw slaw / 12.50

Korean rice burger Home made Kimchi, black bean mayo v / 10.50

Ultimate cheese burger Beef burger topped with pulled pork and smoked cheddar / 14.20

### BURGER BUILDER ADD:

Halloumi, bacon, smoked cheddar, blue cheese / 1.00

### KIDS

Chip Ahov Plaice goujons, chips, tartare sauce / 4.5 Bangers & chips Garden peas / 4.8

### DESSERTS

Milk Stout sticky toffee pudding Vanilla ice cream / 5.20

Pear and sherry trifle / 4.40

Chocolate nemesis Blackcurrant gel, elderberry ripple ice cream / 4.80

Selection of Chew Moo's organic ice cream Three scoops / 4.00

Chef's cheese selection Artisan crackers, Cherry Tree preserves / 7.50

Food served: Mon–Wed: 12–3pm & 6-9pm Thur-Fri: 12-3pm & 6-10pm / Sat: 12-10pm Sun: 12-9pm

Wednesday: Pie & Pint Night - free Bristol Beer Factory pint with one of our delicious pies Thursday: Steak Night - any steak dish - See board / 12.00 Sunday: Roasts - beef, lamb, pork, fish, veg / 12.00

Please turn over to find out more

We are dedicated to sourcing our ingredients from local makers and producers, ensuring the freshest ingredients and supporting the local economy.

# **GRAIN** LUNCH BARGE MENU

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Cajun Scotch egg Beetroot salad, feta crumble, candied walnut v / 8.80

Roast cauliflower Spicy romesco sauce, sumac, pomegranate vgn / 7.00

### SALADS / BOWLS

Vietnamese crispy tofu and cashew salad Crunchy veg, chilli and ginger  $\nu$  / 8.40

#### Super grains

Spiced lentils & grains, butternut squash, feta  $\nu$  / 8.80

Avocado & bacon Crispy leeks, honey mustard, chestnut mushrooms / 9.20

Spelt salad Harissa roasted veg, almonds, preserved lemon *vgn* / 7.50

### CLASSICS

Whole roasted sea bass Fennel, red onion, lemon thyme, pink fir potatoes, smoked tomato butter / 13.80

Rump steak 60z Portobello, plum tomato, chimmichurri, watercress / 14.50

### PIES

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Homemade fish pie, gruyere, leek & tarragon / 11.80 Served with side salad, crusty bread

Vegan pies from Pie Baby vgn / 12.00 Please ask for our daily pie option Served with salad and onion marmalade

### SIDES

Sweet potato fries *vgn*, triple cooked chips *vgn*, skinny fries *v*, barge salad *vgn*, leeks & local pancetta, raw slaw *vgn* / 3.50

### **SANDWICHES** SERVED ON ROSEMARY FOCACCIA ROLL WITH SIDE SALAD

Jerked Veg Lime & chilli cream cheese v / 6.80 Fish fingers Tartare sauce, baby gem, 'old bay" / 7.50

"Meat balls" Aubergine, quinoa, miso vgn / 6.20

Spicy chorizo Roasted pepper, cheddar, mojo sauce / 8.20

#### BARGE BURGERS SERVED ON GLAZED BRIOCHE BUN WITH FRIES

"Boston Butt" Pulled pork, bacon mayo / 11.80

Barge beef burger Tomato, gem lettuce, onion, raw slaw / 12.50

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#### 1) Absolutely Cakes 🚺 Henleaze. Bristol

These makers of luscious cakes use only locally sourced, organic and fair trade ingredients with no artificial additives and juicy seasonal fruit.

### 2) Assembly Bakery

Old Market, Bristol

New to Bristol's burgeoning bakery scene they are both old fashioned and modern, using traditional methods but delivering in their electric van. Powered by Opus Energy, over 90% of their power supply comes from the wind and the waves.

#### 3) Buxton Butchers Portbury, Bristol

Getting involved in the butcher business at the age of 12 and with a family history in the trade stretching back to 1890, what Nigel Buxton doesn't know about meat isn't worth knowing. The meat is locally sourced and perfectly aged using the finest processes.

#### 4) The Cherry Tree M Bridport, Devon

We serve our cheeses with pickles, chutneys and preserves from this family run business.

#### 5) Chew Moo's Ice Cream Dundry, Bristol

This is a real 'field to fork' (well, spoon) family business. The cows graze on fields with a view of Chew Valley lake (hence the business name..) and we love that three generations deal with all the stages of the process, from milking the cows, churning the cream and designing the flavours.

### 6) Clifton Coffee

#### Avonmouth, Bristol

This local roaster made such fine coffee that everyone wanted some so they outgrew their original Clifton base. They're at the forefront of the UK speciality coffee scene.

#### 7) Chin Chin M Redland, Bristol

Master Scotch egg makers extroadinaire, we couldn't resist their fantastic range of Scotch Eggs with both exotic and traditional flavours.

Brixham. South Devon Fish should always be fresh. You know that; we know that. Our delivery from Kingfisher leaves Brixham in the early hours and arrives with us at dawn. We use MSC (Marine Stewards Council) certified fish where possible, helping to ensure the preservation of fish stocks & marine life.

#### 9) Lovett Pies Kingswood, Bristol

These are pies made with, well - love actually. And that's why we've fallen for them. Delicious fillings with a perfect shortcrust pasty, these are highly principled pies made with thoughtfully sourced ingredients.

### 10) Pie Baby

Gloucester Road, Bristol

Lara and her husband Finn are passionate about all things vegan, making delicious Kiwi style pies here in Bristol. Seriously satisfying, we're proud to bring their sumptuous, pastry filled pockets of pure joy to our menu.

### Beer

#### 1) Arbor Ales

Easton, Bristol Creative, not only with their beer flavours but also the names they give them. As they put it; "In a world of endless possibilities, we try to explore".

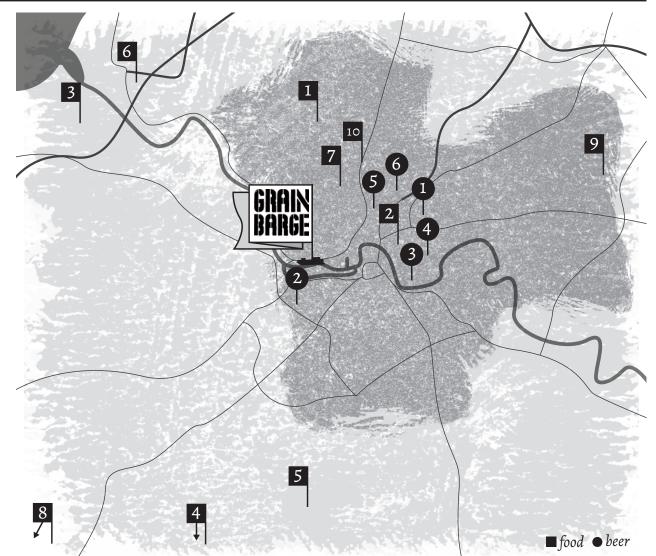
#### 2) Bristol Beer Factory Ashton, Bristol

Our sister company was in the vanguard of the craft brewery revolution, and since moving into their Ashton brewery in 2004 have gone from strength to strength. They've won numerous awards for their beers and the brewery was named best drinks producer at the 2011 BBC Food and Farming Awards.

#### 3) Good Chemistry

#### St Phillips, Bristol

Bob & Kelly are brazen about the secret of their success - you guessed it; good chemistry. What's less known is the influence of music. From soul to disco, a wide variety of sounds in the brewery somehow filters into the brews.



#### 4) Moor Beer St Phillips, Bristol

A Somerset born beer with a Californian owner, they take the German naturally hazy philosophy, combine it with the American flavor-forward approach and British secondary fermentation tradition to create what they call "Modern Real Ale".

#### 5) New Bristol Brewery St Pauls, Bristol

Although they don't see themselves as maverick brewers, they like to tease the boundaries of traditional brewing. Plus they are hands-on; collecting the malt from Warminster, tipping it into their mashtun and stirring it by hand, ensuring they keep in touch with the process.

#### 6) Wiper & True St Werburghs, Bristol

Having graduated from a love of home brewing we love their continued drive for experimentation, whether that's roasting their own malts, adding wild ingredients such as blackberries and chillies or aging beer in different kinds of wood.